

## Inject a Refresh!

*The CTL has made this list of fun relationship-building classroom activities which we are calling "Inject a Refresh!" We recognize that these activities take time away from content. However, bringing this fun energy into your space may help students to relax and de-stress, allowing their brains to be more available for learning. It may also bring you joy to be playful with your students.*

### **1. Create a group playlist**

Have students write their favorite music artists or song titles in the Zoom chat, on a separate Google Doc, or explore Google's Jamboard, using the recommendations to make a playlist for their class period. This brainstorming session caya